

Study Tour Program at NOVA - Lisbon

23rd to 26th of June 2025

Participants

- 15 Health Managers and Medical Directors from Italy
- 2 Professors from UNIMI

14.00 – 16.00 - Online Briefing – Highlights from the Portuguese Healthcare System (Rui Santana)

Day 23/06 (Monday)

12.30 – Meeting point at NOVA National School of Public Health

12.30 – 13.25 Welcome aperitive (NOVA National School of Public Health)

13.30 – 13.45 - Welcome to NOVA National School of Public Health (Sónia Dias)

13.45 - 14.45 – Overview of the Portuguese Healthcare System (Julian Perelman)

15.00 – 16.00 – The Portuguese NHS Reform (Ricardo Mestre)

Day 24/06 (Tuesday)

09.00 - Meeting point at NOVA National School of Public Health

(Transport to Local Health Unit of Saint Joseph – Saint Joseph Hospital)

09.30 – 12.45 - Visit the Local Health Unit of Saint Joseph (Saint Joseph Hospital)

- Meeting with the Board
 - Strategic goals
 - Adapting to the reform
 - Performance Metrics
- Meeting with medical directors
 - How do we manage people?
 - How are resources organized? What is the process for investments?
 - Level of autonomy
- Visit to CAPO (pre-surgery clinic)
- Visit to an Integrated Care Center

13.00 – 14.00 Lunch break (Sociedade de Geografia de Lisboa – walk from the hospital)

14.15 - 15.00 - Visit the Local Health Unit of Saint Joseph (Primary Care Center USF Baixa)

- Adapting to the reform
- Performance Metrics
- Sociodemographic challenges
- Innovative approach – Social Prescribing

(Transport to Local Health Unit of Saint Joseph – Curry Cabral Hospital)

15.30 - 16.30 - Visit the Local Health Unit of Saint Joseph (Curry Cabral Hospital)

- Visit the Operating Theater (robotic surgery)

(Transport to NOVA National School of Public Health)

19.00 – Dinner (A Gaucha – Grelhados e companhia. Paladares da Baixa, Lda. Rua dos Bacalhoeiros, 26D, 1100-389 Lisboa)

Day 25/06 (Wednesday)

09.20 - Meeting point at NOVA National School of Public Health

09.30 – 11.30 – Thematic seminar on best practices and future trends in hospital management

- Panel
 - Alexandre Lourenço (CEO/Chairman LHU of Coimbra)
 - Artur Vaz (Chief Risk Officer at Luz Saúde)
 - Rosa Matos (CEO/Chairman LHU of Saint Joseph)
 - Miguel Lopes (CEO/Chairman LHU of Alto Alentejo)
 - Xavier Barreto/Raquel Chantre (Portuguese Association of Hospital Managers)

11.30 – 11.45 Coffee break (NOVA National School of Public Health)

11.45 – 13.00 – Thematic seminar on innovative models of care

[case management programs; telemonitoring; home-based care]

- Panel
 - Center of Telehealth ATENTO (LHU of Saint Joseph)
 - Digitalized Pathways (LHU of Coimbra)
 - Case Management Program (LHU of Litoral Alentejano)

13.00 – 14.30 Lunch break (NOVA National School of Public Health)

14.30 – Free sightseeing

Day 26/06 (Thursday)

09.00 - Meeting point at NOVA National School of Public Health

(Transport to Champalimaud Foundation))

09.30 – 12.30 - Visit the Champalimaud Foundation

- Governance model
- Combining top research and best clinical practices

(Transport to NOVA National School of Public Health)

13.00 – 14.00 Lunch break (NOVA National School of Public Health)

14.00 - 15.00 – Key Takeaways